

WELCOME TO THE UVM OUTING CLUB!

Every student on campus is a member, which means you are too! There are plenty of ways to get involved in the UVMOC, and there are plenty of ways to get outside at this university. If at any time you have questions or want to simply hang out, stop by our Outing Club House at 8 Colchester Ave. Free pancakes every Wednesday!

HOW TO SIGN UP FOR OUTING CLUB TRIPS:

- COME TO THE OC HOUSE: House managers will update you on space availability for trips of interest to you.
- PAY FOR TRIP: Your spot is not secure unless you have paid! Trip prices include transportation, food, instruction, and any equipment you need to borrow. Cash, checks, and CatScratch are accepted!
- CANCELLATION POLICY: Full refund will be given only if cancellation occurs 2 weeks prior to the date your trip is scheduled. Up to 3 days prior to your trip earns you credit towards another Outing Club trip, class, or rental. No refunds for cancellations less than 3 days prior to your trip.

HOW CHALLENGING ARE OUTING CLUB TRIPS?:

- \* Indicates trips for all experience levels! Beginners and folks looking for low impact experience welcome!
- \*\* Indicates a trip presenting intermediate challenge. Open to newcomers eager to build experiences and those with prior activity experience and/or skills.
- \*\*\* These trips are for students who are already comfortable spending extended amounts of time in the backcountry and looking for advanced level of challenge.

ROCK & ALPINE CLIMBING

**Ice Climbing 101\***  
Join OC ice climbing leaders to explore the basics of ice climbing clothing, equipment, top rope belay systems, axe & crampon technique and movement.  
Dates: February 6, 7, 13, 21, 27, March 20, 26, 27 (27 might be rock) Price: \$40 Limit: 6 per trip

**Intro to Women’s Rock\***  
An all women’s trip will teach the basics of equipment, belaying, and climbing technique. Introductory Rock 101 content will be covered.  
Date: April 3 Price: \$20 Limit: 6

**Rock 101\***  
Learn the basics of equipment, belaying, and technique from the OC’s best!  
Dates: April 17, 23, 24, 30 Price: \$20 Limit: 6

PADDLING

**White Water Canoe Day Trip\*\***  
Ever have the need to tackle that adventure of fast moving water? Come paddle one of Vermont’s rivers and get some experience whitewater paddling. Previous canoeing experience required.  
Date: April 23 Price: \$30 Limit: 8

**Canoe Day Trip\***  
Experienced paddler or never paddled before, this trip can be right for every level of experience. Paddle Vermont’s freshly melted lakes or ponds on this day trip and enjoy the sights.  
Dates: April 23, 30 Price: \$20 Limit: 9

**Adirondack Canoe Weekend\***  
Be among the first to paddle New York’s finest waters this spring. See the sights and watch some wildlife in the beautiful Adirondacks.  
Dates: April 30 - May 1 Price: \$35 Limit: 9

BACKPACKING & HIKING



**Backpacking in Maine Weekend\*\*\***  
Explore the rugged mountains of Maine; an area only travelled to once a semester by the Outing Club. With travel time in mind, this trip will depart on Friday afternoon allowing this crew to spend two nights in the backcountry instead of one.  
Dates: February 12 - 14 Price: \$40 Limit: 9

**Backpacking Mount Mansfield Weekend\*\*\***  
On this intensive weekend, nine participants with significant backpacking experience will cover as many miles of the Long Trail as they can handle!  
Location TBD with group input.  
Dates: February 20 - 21 Price: \$30 Limit: 9

**Backpacking Kinsman Ridge Weekend\*\*\***  
Watch spring roll in while hiking along The Kinsman Ridge Trail in the White Mountains of New Hampshire.  
Dates: March 26 - 27 Price: \$35 Limit: 9

**Camel’s Hump Day Hike\*\***  
Looking to get in a Camel’s Hump hike this winter? See the beautiful winter scenery of Vermont atop this famed peak!  
Date: March 27 Price: \$15 Limit: 9

**Burnt Rock Day Hike\***  
Come enjoy an early spring day hike on this classic Vermont hike, culminating in a spectacular 360 view from the peak!  
Date: April 3 Price: \$15 Limit: 9

**Backpacking the Whites\*\*\***  
Explore the best mountains on the east coast. The White Mountains offer some of the Northeast’s most beautiful views. Come see for yourself!  
Dates: April 9 -10 Price: \$40 Limit: 9



**Mt. Elmore Day Hike\***  
Come out and enjoy one of the classic hikes in Vermont.  
Date: April 10 Price: \$15 Limit: 9

**Snake Mountain Day Hike\***  
Snake’s summit boasts a wide view of Champlain Valley—come on this day hike and see it for yourself.  
Date: April 10 Price: \$15 Limit: 9

**Mt. Philo Sunrise Hike**  
Enjoy one of the best places to watch the sunrise on this fun hike and a real way to see Vermont!  
Date: April 17 Price: \$10 Limit: 9

**Mount Hunger Day Hike\*\***  
Come enjoy an early spring day on this classic Vermont hike, culminating in a spectacular 360 view from the peak!  
Date: April 16 Price: \$15 Limit: 9

**Franconia Ridge Hiking Weekend\*\*\***  
With almost a third of the ridge above tree line, this overnight promises to show participants the best of New Hampshire’s famed White Mountains!  
Date: April 16 - 17 Price: \$35 Limit: 9

**Hiking and Yoga\***  
Combine two great activities to create one special, relaxing day by traveling to the mountains to de-stress before finals.  
Date: April 17 Price: \$15 Limit: 9

**Sunset Ridge Day Hike\*\***  
Come out to this iconic ride on Mt. Mansfield and take in the views of the lake and the Green Mountains!  
Date: April 24 Price: \$15 Limit: 9

**Backpacking the ‘Dacks Weekend\*\*\***  
Spend a weekend hiking in The Adirondack Mountains, an area renowned for its beautiful views and numerous peaks.  
Dates: April 23 - 24 Price: \$35 Limit: 9

**Snake Mountain Sunset Hike\***  
Give your day the best possible end by watching the sunset over Champlain Valley and have dinner at the top of Snake Mountain.  
Date: May 1 Price: \$15 Limit: 9

SPECIALTY TRIPS

**Sledding Tour of VT\***  
A white knuckle special on some of Vermont’s best sledding hills. End your day with mountain pies and a great feeling of being a kid again!  
Date: February 6 Price: \$10 Limit: 9

**Cross Country Ski Tour\***  
Explore the beauty of Vermont by touring on a pair of XC skis.  
Dates: February 13, March 19 Price: \$25 Limit: 9

**Backcountry Cooking Weekend\***  
Hike in and learn the art of building a bomber snow shelter and let us teach you some great ways to dine well while you’re miles away from a kitchen!  
Dates: March 26 - 27 Price: \$25 Limit: 9

**LNT Wilderness Ethics\***  
Do you love the mountains? Come learn the seven principles of Leave No Trace to preserve the natural environment around us.  
Date: April 2 Price: \$15 Limit: 9

**Full Moon Hike\*\***  
Experience a night hike up a snowy peak to see the full moon and enjoy the view with a cup of hot chocolate at the top.  
Date: April 9 Price: \$15 Limit: 9

**Mountain Biking 101\***  
Grab your bike (or rent one!) and explore the beautiful network of mountain biking trails on the Catamount ski trail.  
Date: April 16 Price: \$15 (not including bike rental) Limit: 9

TELEMARK INSTRUCTION & BACKCOUNTRY SKIING / SNOWBOARDING

**“Learn to Telemark” at MRC\***  
Free heel for peace...learn the telemark turn at Mad River Glen with the only diesel powered single chair! Price includes transportation, rental, instruction, lift ticket, and lunch.  
Dates: February 6, 14, 20 Price: \$40 Limit: 9

**Backcountry Ski Days\*\***  
The Tear Drop, those famous glades on Big Jay...explore some of the best backcountry ski spots in Vermont with the Outing Club! Intermediate to advanced skiing skills required.  
Dates: February 14, 21, March 19, 20 Price: \$25 Limit: 6

**Backcountry Snowboard Days\*\***  
Strap in and explore the wild backcountry of Vermont. Intermediate to advanced riding skills required.  
Dates: February 20, March 26 Price: \$25 Limit: 6

**Chicks on Sticks**  
An all women’s chance to find the cold smoke in the chutes & beautiful glades of Big Jay Peak! Must have intermediate to advanced skiing or riding skills  
Date: February 28 Price: \$25 Limit: 6

**Ski Tuckerman’s Ravine\*\*\***  
An age old OC tradition. Explore the classic routes around Tuckerman’s Ravine. Must have intermediate or advanced skiing skills.  
Dates: April 9 - 10 Price: \$45 Limit: 6

SNOWSHOE HIKES

**Snowshoe Stowe Pinnacle\*\***  
Enjoy breathtaking views of Mt. Mansfield, Camel’s Hump, and the rest of the Worcester Range on this great Vermont classic!  
Date: February 7 Price: \$20 Limit: 9

**Snowshoe for Hunger\***  
Contribute to the fight against hunger, enjoy the weather, and check out the spectacular panorama from the peak of Mount Hunger.  
Date February 27 Price: Canned good donation Limit: 9

**Snowshoe Mt. Abe\***  
Honor Honest Abe with a treasured American activity by snowshoeing Mt. Abe and enjoying the great outdoors.  
Date February 28 Price: Canned good donation Limit: 9

FREE TRIPS

**Free Day Hike\***  
Get the feel of an outing club trip on a beautiful day hike. Locations TBD with group input.  
Dates: January 30, 31, April 2, 3, May 1 Price: FREE Limit: 9 per trip

**Cabin Work Weekend\***  
Join us at the Outing Club’s beautiful Bolton Cabin for a weekend of spring cleaning projects, porch building, mountain pies and fun!  
Date: April 2 - 3 Price: FREE! Limit: UNLIMITED

**Service Day at Taft Lodge\***  
Team up with the GMC to help maintain Taft Lodge while on the tallest mountain in Vermont!  
Date: April 16 Price: FREE! Limit: 9

LEADERSHIP DEVELOPMENT PROGRAMS

Wilderness Instruction Leadership Development (WILD)

WILD is dedicated to cultivating wilderness leadership skills and is a mandatory requirement for all Outing Club trip leaders. Each semester, 15 student trainees work alongside WILD coordinators focusing specifically on hard instruction, situational leadership development, understanding leadership and learning styles, risk management, wilderness medical instruction and Leave No Trace (LNT) ethics. Most importantly, WILDers develop a skilled and motivated leader community! WILD meets weekly for 2 1/2 class hours supplemented by 3 weekend field practical trips.

When: Offered Fall and Spring  
Dates: February 6 - 7, March 19 - 20, April 30 - May 1

Site Management and Anchor Construction (SMAC) — Rock and Ice

SMAC is an instructional rock and ice climbing skill development program for students interested in acquiring safe, comprehensive, top-roped climbing, anchor construction, and teaching skills. Rock SMAC runs for 6 weeks in both fall and late spring. Ice SMAC early in the spring semester only. Emphasis is placed on fundamentals of equipment, climbing technique, belaying and rappelling technique and safe management of climbing instruction areas in an institutional setting. Completion of SMAC is mandatory for UVM student climbers interested in leading climbing trips for the UVM Outing Club.

When: Offered Fall and Spring  
Dates: February 13 - 14, Feb 20 - 21, Feb 27 - 28

Backcountry Skiing and Avalanche Awareness Program (BSAAP)

This semester-long program focuses on traveling safely and having fun in the winter backcountry on skis (telemark, alpine, or AT) or snowboard while exploring prime backcountry areas of Vermont and the Presidential Range in NH. Traveling in terrain where avalanche danger exists requires disciplined personal preparation, group expedition planning, diverse skiing and riding skills, and sound avalanche and terrain assembly ability. This program covers basic safety training to prepare students for travel in the winter backcountry. BSAAP consists of six class sessions and three weekend field practical trips.

When: Offered Spring Only  
Dates: January 30 - 31, February 6 - 7, February 20 - 21

ALANA G.E.A.R. Program

This is an instructional program for ALANA (African, Latina, Asian, Native American) students interested in gaining outdoor experience in a group setting that is supportive and does not assume any prior knowledge or experience (but is not an affinity group). GEAR is a sister club to the Outing Club and strives to foster a love for the outdoors and build a strong relationship between the UVM OC & ALANA communities. The focus is on building wilderness and leadership skills, team building, positive group dynamics, and FUN!



**NOTE:**  
Applications for these programs are due soon after the general meeting. For more information and deadlines, please visit the uvm outing club website or email [outside@uvm.edu](mailto:outside@uvm.edu)

**WANT TO BECOME AN OUTING CLUB LEADER?**  
**APPLY FOR ONE OF OUR PROGRAMS!**